

2007 Southern Alberta Bodybuilding & Alberta Fitness Championships — Saturday, June 16, 2007



Weigh-in and Registration
RDC Arts Centre Studio A
Friday, June 15 @ 6 p.m

Competition
RDC Arts Centre
Red Deer, AB
Prejudging 10 a.m., Finals 5 p.m.

Entry form (please print clearly)

1. Provide the following information for the contest:

Name _____
 Address _____
 City/town _____ Postal Code _____
 Email _____ Age _____ Gender _____
 Business Phone _____ Home Phone _____
 Home Gym name _____ Number of years of training _____
 Expected weight class or category: _____
 Occupation _____

List all previous competition awards (include year, contest name, category and placing):

Comments (to be read by emcee when you are introduced...."I would like to thank..."):

2. Provide the following for public display on the ABBA Website:

Name (as you would like it to appear) _____
 Year born: _____ Height _____ Home gym _____
 Email: _____ Personal website www. _____
 Other info you want included
 (vocation, education, etc.) _____

I have enclosed my: <input type="checkbox"/> \$55 entry fee <input type="checkbox"/> \$35 ABBA membership fee <input type="checkbox"/> \$100 late entry fee (after June 2, 2007)	Send your cheque or money order payable to: Alberta Bodybuilding Association PO Box 43105 #23 1221 Canyon Meadows Drive SE Calgary, AB T2J 7A0
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The entry deadline for ABBA events is the Friday *two weeks before* the weigh-in for the event in question. A late entry fee of **\$100** will be applied to late entries for all events held after the June 2004 Annual General Meeting. Athletes who have won 1st place in any open class at any previous entry level event (Northerns, Southernns or Muscle Beach, or any other provincial entry level event, are not eligible to compete at this event. Contest rules and details are available on our website at www.abba.ab.ca. For more information, you can contact the ABBA executive at 780-474-4176 or email abba@telus.net